



Annapurna Foothills

Treks & Expedition Pvt.Ltd.

Government Registration No: 52988/064/965| Tourism License No. 956/065

Customized Manaslu Circuit Trek 13 Days

Trip Facts	
Trip Cost from	USD 890 P/P
Group Size above	2-12 Trekkers
Max Elevation	5106m
Trip duration	13 Days
Kathmandu – Machha Khola	Local Bus
Tal Besi Shar	Sharing jeep
Besi Shar – Kathmandu	Local bus
Starting / Ending Point	Kathmandu
Guide/porters/ permits	Included

Manaslu Circuit Trek is a 13-day trek that takes you around the Manaslu Himal, the eighth highest mountain in the world. The trek is considered to be one of the most beautiful and challenging treks in Nepal.

The trek starts in Machha Khola and ends in Besisahar. It passes through the villages of Jagat, Deng, Namrung, Lho, Samagaon, Samdo, Dharmasala, Bimthang, Larkya La Pass, and Dharapani.

The trek offers stunning views of the Manaslu Himal, the Annapurna Himal, and the Dhaulagiri

Himal. It also passes through a variety of landscapes, including forests, meadows, and glaciers.

Annapurna Foothills Treks offers a customized Manaslu Circuit Trek package that includes a guide, porters, permits, and transportation.

The package does not include daily expenses such as food, accommodation, and drinks. You will also need to bring your own personal gear, such as trekking boots, trekking poles, and a sleeping bag.

Customized Manaslu Circuit Trek 13 Days

Day 01: Drive to Machha Khola (869m) from Kathmandu

Day 02: Trek to Jagat 6-7 hrs, 1,340 m/ 4,396 ft

Day 03: Trek to Deng 6-7 hrs, 1,860 m/ 6,102 ft

Day 04: Trek to Namrung 7-8 hrs, 2,630 m/ 8,628 ft

www.annapurnafoothills.com | Email: info@annapurnafoothills.com

Telephone No.: +977 -1-4917745 | Direct call | WhatsApp +977 9841579429



Annapurna Foothills

Treks & Expedition Pvt.Ltd.

Government Registration No: 52988/064/965| Tourism License No. 956/065

Day 05: Trek to Lho 5 hrs, 3,200 m/ 10,498 ft

Day 06: Trek to Sama Gaon 5 hrs, 3,541 m/ 11,617 ft

Day 07: Acclimatisation day at Sama Gaon

Day 08: Trek to Samdo 4-5 hrs, 3,872 m/ 12,703 ft

Day 09: Trek to Larkya Phedi

Day 10: Cross Larkya La Pass, 5106m/ 16751 ft and descend to Bhimphedi 10-12 hrs 3,590 m/ 11,778 ft

Day 11: Trek to Gho 6-7 hrs, 2,515,m/ 27,071 ft

Day 12: Trek to Dharapani Drive to Besi Shar

Day 13: Drive to Kathmandu

SN	Group Size	Price USD
1	2-12	890 US\$ per person

SN	Departure Dates 2023	Departure Dates 2024
1	October 3 rd 2023	March 12 th , 2024
2	October 19 th 2023	March 26 th , 2024
3	November 2 nd 2023	April 12, 2024
4	November 17 th 2023	April 28, 2024
5	November 30 th 2023	May 14, 2024

The trip Cost USD 890 per person

- ✓ English-speaking experienced Sherpa guide (Govt. Trained/License Holder)
- ✓ One Porter for two Trekkers

www.annapurnafoothills.com | Email: info@annapurnafoothills.com

Telephone No.: +977 -1-4917745 | Direct call | WhatsApp +977 9841579429



Annapurna Foothills

Treks & Expedition Pvt.Ltd.

Government Registration No: 52988/064/965| Tourism License No. 956/065

- ✓ Trek Staff costs including their salary and insurance
- ✓ Annapurna Foothills Treks Duffle bag for Trekking
- ✓ Annapurna Foothills Treks Tshirt
- ✓ First aid medicine kit
- ✓ Manaslu Conservation entry permit
- ✓ Annapurna Conservation Area Permit
- ✓ Special Permit Fee, TIMS permits and all required permits or Official Documentation
- ✓ Ground Transfers Kathmandu - Machha Khola by Local Bus
- ✓ Ground Transfers Dharapani – Besi Shar – Kathmandu by Sharing Jeep Or Local Bus
- ✓ All government and local taxes
- ✓ Assistance in arranging Helicopter rescue operations (24/7) in case of complicated health conditions or any other emergencies (should be covered by your Travel Insurance)

What's Excluded

- Your Personal Travel Insurance
- Accommodations and meals
- Nepal Entry Visa Fee
- Any kind of drinks, items of personal expenses like hot shower, battery charge, telephone
- Tips for guide, porters, and driver (customary)
- Any personal expenses not mentioned in above services
- Additional night accommodation in Kathmandu because of early return from Trek (due to any reason) than the planned itinerary

www.annapurnafoothills.com | Email: info@annapurnafoothills.com

Telephone No.: +977 -1-4917745 | Direct call | WhatsApp +977 9841579429



Annapurna Foothills

Treks & Expedition Pvt.Ltd.

Government Registration No: 52988/064/965| Tourism License No. 956/065

Contact us:

Email: info@annapurnafoothills.com

WhatsApp. 977-9841579429



Name

Ngma Nuru Sherpa



This is not your username or pin. This name will be visible to your WhatsApp contacts.



About

Namaste from the Himalaya of Nep...



Phone

+977 984-1579429

www.annapurnafoothills.com | Email: info@annapurnafoothills.com

Telephone No.: +977 -1-4917745 | Direct call | WhatsApp +977 9841579429