



Annapurna Foothills

Treks & Expedition Pvt.Ltd.

Government Registration No: 52988/064/965 | Tourism License No. 956/065

Customized Island Peak Climbing - 16 Days

Trip Facts

Trip Cost from	USD 1690 P/P
Group Size above	2-8 Trekkers
Max Elevation	6,189m
Trip duration	16 Days
Camping	2 night
Full Board Services	Base Camp/ High Camp
Domestic Airfare	Both ways included
Starting / Ending Point	Kathmandu
Guide/porters/ permit	Included
Private Trip 1 Pax	USD 2290



Customized Island Peak Climbing information

Island Peak, also known as Imja Tse, is a popular climbing destination in the Everest region of Nepal. Remember that climbing Island Peak requires physical fitness, acclimatization, and proper equipment. Island Peak offers breathtaking panoramic views of the surrounding Himalayan peaks, including Mount Everest, Lhotse, Nuptse, and Ama Dablam. The sight of these majestic mountains is truly awe-inspiring and a highlight of any trip to the region.

www.annapurnafoothills.com | Email: info@annapurnafoothills.com

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Island Peak is considered a non-technical peak, making it an excellent choice for those with basic mountaineering skills and some prior climbing experience. Scaling the peak involves ropes, crampons, and ice axes, adding an adventurous element to the climb.

Annapurna Foothills Treks' Customized Package:

When you choose the customized package Annapurna Foothills Treks offers, you can enjoy a hassle-free experience as it covers essential aspects of your Island Peak climbing expedition. The package includes a knowledgeable guide, experienced porters, full board services at both Island Peak Base Camp and High Camp, necessary permits, domestic airfare, and convenient transportation arrangements. However, it's important to note that there are still certain daily expenses and personal gear that you'll be responsible for managing yourself.

Customized Island Peak Climbing Itinerary

Day 1: Flight from Kathmandu to Lukla; Trek to Phakdingma, 3hrs, 2,610 m/8,562 ft

Day 2: Trek to Namche bazaar, 6-7 hrs, 3,441 m/11,289 ft

Day 3: Acclimatization day- Trekking around Namche Bazaar, 3,441 m/11,289 ft

Day 4: Trek to Tengboche, 5-6 hrs, 3,864 m/12,677 ft

Day 5: Trek to Dingboche, 5 hrs, 4,400 m/14,435 ft

Day 6: Acclimatization Day- Hiking Nagarjun Hill or Chukkhung Valley, 4,400 m/14,435 ft

Day 7: Trek to Lobuche, 5 hrs, 4,915 m/ 16125 ft

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Day 8: Trek to Gorak Shep, 3 hrs, 5130 m/16,830 ft and hike to EBC (Everest Base Camp (5364m/17,598ft)

Day 9: Ascent to Kala Pattar and descent to Dingboche, 6-7 hrs, 4,400 m/14,435 ft

Day 10: Trek to Island Peak Base Camp via Chhukung, 3-4 hrs, 5,200 m/ 17,060 ft

Day 11: Pre-Climb training and trek to High Camp, 3 hrs, 5,450 m/17,880 ft

Day 12: Island Peak 6,189m/20,305ft Ascent and descent to Chhukung (Summit Day), 10-12 hrs, 4,710 m/15,452 ft

Day 13: Reserve Day (in case of unfavorable weather)

Day 14: Trek to Namche, 4-5 hrs, 3,441 m/11,289 ft

Day 15: Trek to Lukla, 7-8 hrs, 2,810 m/9,219 ft

Day 16: Fly from Lukla to Kathmandu, 1,300 m/4,265 ft

Departure Dates for Island Peak Climbing

SN	Group Size	Autumn Season	Spring Season
1	1 Pax	USD 2450 per person	USD 2575 per person
2	2-8 Pax	USD 1690 per person	USD 1815 per person

SN	Departure Dates 2023	Departure Dates 2024
1	October 12 th 2023	March 29, 2024
2	October 28 th 2023	April 14, 2024
3	November 13 th 2023	April 30, 2024
4	November 29 th 2023	May 16, 2024
5	December 15 th 2023	

All-Inclusive Services for Island Peak Climbing.

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- ✓ Accommodation during Climbing Period; One night at Base Camp and One night at High Camp in well set up Camps
- ✓ All meals during climbing period (Breakfast, Lunch, Dinner, Juice, Tea and Coffee)
- ✓ All Camping Equipment required during climbing period: sleeping tents/mattresses, kitchen tent, kitchen equipment
- ✓ Climbing rope, Ice screws, Snow bar

Mountaineering Climbing Guide and Climbers Ratio:

- ✓ 1 Mountaineering Climbing Guide: 1-2 Climbers
- ✓ 2 Mountaineering Climbing Guides: 3-5 Climbers
- ✓ 3 Mountaineering Climbing Guides: 6-8 Climbers
- ✓ Porters: One porter for Two Trekker basis in all of our Climbing Trips
- ✓ One of our finest Sherpa Climbing Guides and necessary supporting staff for the entire Island Peak Expedition
- ✓ Trek Staff costs including their salary, insurance, equipment, food and accommodation
- ✓ Annapurna Foothill's Duffle Bag for Trekking
- ✓ First aid medicine kit
- ✓ Island Peak Climbing Permit
- ✓ Round-Trip airfare between Kathmandu and Lukla (Airport Tax Included)
- ✓ Sagarmatha National Park Fee and Khumbu Pasang Lhamu Rural Municipality Entrance Permit
- ✓ All government and local taxes
- ✓ Island Peak climbing certificates issued from the respective body of the Nepal Government.

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Note: If the group size is bigger than 2 people, an additional climbing guide will join the group from Chhukung to Island Peak summit and back to Chhukung

What's Excluded

- ✓ Your Personal Travel Insurance
- ✓ Accommodation
- ✓ Meals during trekking (Except for the climbing period)
- ✓ Nepal Entry Visa Fee
- ✓ Lunch & Dinner in cities - allow \$ 10 to \$14 per meal in Tourist restaurants
- ✓ Beverages (All drinks, Tea, Coffee, mineral water, boiled water, and beer)
- ✓ Tips for guide, porters, and driver (customary)
- ✓ Any personal expenses not mentioned in the above services
- ✓ Accommodation in Kathmandu, even if early return from Trek (due to any reason) than the planned itinerary
- ✓ Personal Climbing Gears: Mountaineering Boots, Crampons, Harness, Ice Axe, 2 x Tape slings, 2 x Screwgate Carabineers, Descender / Abseil, Device (Jumar), Prussic Loops, Helmet

Contact us:

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